



Monthly Menu May 2017

Mon	1	SWAI FISH W/LEMON DILL SAUCE , Wild Rice, Mixed Vegetables, Spinach Salad w/ Ranch Dressing, Apple <i>Vegetable Quiche, Mixed Vegetables, Spinach Salad w/ Ranch Dressing, Apple</i>
Tues	2	ROAST PORK TENDERLOIN W/GRAVY , Baked Red Potato, Peas & Carrots, Apple Cabbage Salad, Russian Cream w/ Strawberry Topping <i>Chicken Dijon Sandwich, Chicken Noodle Soup, Apple Cabbage Salad, Russian Cream w/ Strawberry Topping</i>
Wed	3	MEAT LASAGNA , Garden Blend Vegetables, Tossed Salad w/French Dressing, Seasonal Fruit <i>New! Lemongrass Fish, Brown Rice, Garden Blend Vegetables, Tossed Salad w/French Dressing, Seasonal Fruit</i>
Thu	4	CHICKEN STROGANOFF , Noodles, Capri Mix Vegetables, Four Bean Salad, Banana <i>Veggie Burger, Black Bean Soup, Four Bean Salad, Banana</i>
Fri	5	TURKEY ROAST W/ HERBS & APRICOTS , Brown Rice, Key West Blend Veg, Claremont Salad, Banana Bread <i>Chicken Grape Salad, Banana Bread</i>
Mon	8	CITRUS TARRAGON CHICKEN , Mashed Potatoes, Normandy Blend Vegetables, Patio Salad, Cookie <i>Tuna Stuffed Tomato Salad, Cookie</i>
Tues	9	IRISH STEW , Mashed Potatoes, Capri Mix Vegetables, Salad Garden w/ Italian Dressing, Orange <i>Open-Face Turkey Sandwich, Lentil Soup, Salad Garden w/ Italian Dressing, Orange</i>
Wed	10	CHICKEN ENCHILADA W/GREEN SAUCE , Flavor Fiesta Vegetables, Garden Salad w/ French Dressing, Apple <i>Omelet w/ Mushroom Sauce, Flavor Fiesta Vegetables, Garden Salad w/ French Dressing, Apple</i>

Thu	11	PORK TENDERLOIN W/DIJON SAUCE, Tri-Cut Red Potatoes, Asparagus, Tossed Salad w/Cherry Tomato Vinaigrette, Strawberry Luscious Summer Chicken Salad, Strawberry Luscious
Fri	12	SWEDISH MEATBALLS, Spiral Noodles, Venetian Blend Vegetables, Italian Coleslaw, Banana New! Tofu Curry Stir Fry, Brown Rice, Venetian Blend Vegetables, Italian Coleslaw, Banana
Mon	15	SWAI FISH W/ LEMON PEPPER SAUCE, Brown Rice, French Cut Green Beans, Apple Slaw, Seasonal Fruit Chicken Stir Fry w/Yakisoba Noodles, French Cut Green Beans, Apple Slaw, Seasonal Fruit
Tue	16	MEATLOAF, Mashed Potatoes, Sunshine Carrots, Spinach Salad w/ Ranch Dressing, Vanilla Pudding Turkey Sandwich, Potato Salad, Spinach Salad w/ Ranch Dressing, Vanilla Pudding
Wed	17	ROASTED PARMESAN CHICKEN, Spiral Noodles, Mixed Vegetables, Carrot Raisin Salad, Carrot Cake Cobb Salad, Carrot Cake
Thu	18	STIR FRY PORK, White Rice, Scandinavian Blend, Claremont Salad, Orange Chicken Salad with White Beans, Orange
Fri	19	TURKEY TETRAZZINI, Spaghetti Noodles, Oregon Bean Medley, Tossed Salad w/ Italian, Chocolate Mousse Dijon Crush Fish, White Rice, Oregon Bean Medley, Tossed Salad w/ Italian, Chocolate Mousse
Mon	22	CHESSE RAVIOLI, Italian Blend Vegetable, Chickpea Salad, Seasonal Fruit Pork Sliders, Potato Wedges, Italian Blend Vegetable, Chickpea Salad, Seasonal Fruit
Tue	23	SLOPPY JOE, Hamburger Bun, Sliced Carrots, Spinach Salad w/French Dressing, Lemon Gelatin w/Blueberries Chicken Fajita, Tortilla Soup, Spinach Salad w/French Dressing, Lemon Gelatin w/Blueberries
Wed	24	SWEET & SOUR CHICKEN, Brown Rice, Capri Blend Veg, Vermicelli Noodle Salad, Apple Creamy Garlic Veggie Pizza, Capri Blend Veg, Vermicelli Noodle Salad, Apple
Thu	25	VEGETARIAN PENNE PASTA, Scandinavian Vegetables, Rainbow Spinach Salad w/Rainbow Dressing, Banana New! Chicken with Rice, Scandinavian Vegetables, Rainbow Spinach Salad w/Rainbow Dressing, Banana

Fri	26	SWAI FISH W/CUCUMBER SAUCE , Polenta, Oregon Bean Medley, Tossed Salad w/Bleu Cheese Dressing, Bread Pudding <i>Chicken Cesar Wrap, Butternut Squash Soup, Tossed Salad w/Bleu Cheese Dressing, Bread Pudding</i>
Mon	29	CLOSED FOR MEMORIAL DAY HOLIDAY
Tue	30	SPAGHETTI W/MEAT SAUCE , Mediterranean Blend Vegetables, Rainbow Spinach Salad, seasonal fruit. <i>Swiss Mushroom Burger, Split Pea Soup, Rainbow Spinach Salad, Seasonal Fruit</i>
Wed	31	BAKED FISH W/BLACK BEAN SALSA , Couscous, Sunshine Carrots, Garden Salad w/1000 Island Dressing, Banana <i>New! Chicken Chile Verde, Whole Wheat Tortilla, Sunshine Carrots, Garden Salad w/1000 Island Dressing, Banana</i>