



Monthly Menu August 2017

Tues	1	BEEF & MACARONI CASEROLE , Country Trio Vegetable, Spinach Salad w/ Italian Dressing, Orange Open-Face Turkey Sandwich, Lentil Soup, Spinach Salad w/Italian Dressing, Orange
Wed	2	CHICKEN ENCHILADA W/GREEN SAUCE , Flavor Fiesta Vegetables, Garden Salad w/ French Dressing, Apple Omelet w/Mushroom Sauce, Flavor Fiesta Vegetables, Garden Salad w/French Dressing, Apple
Thu	3	PORK TENDERLOIN W/DIJON SAUCE , Tri-Cut Red Potatoes, Asparagus, Tossed Salad w/Cherry Tomato Vinaigrette, Strawberry Luscious Summer Chicken Salad, Strawberry Luscious
Fri	4	SWEDISH MEATBALLS , Spiral Noodles, Key West Vegetables, Italian Coleslaw, Banana Spring Pasta w/ Tofu, Flavor Fiesta, Italian Coleslaw, Banana
Mon	7	ALASKAN POLLUCK W/ LEMON PEPPER , Brown Rice, Green Beans, Apple Slaw, Seasonal Fruit Chicken Stir Fry Yakisoba Noodles, Green Beans, Apple Slaw, Seasonal Fruit
Tues	8	MEAT LOAF , Mashed Potatoes, Sunshine Carrots, Spinach Salad w/Ranch Dressing, Vanilla Pudding Chicken Gyro, Sunshine Carrots, Spinach Salad w/Ranch Dressing, Vanilla Pudding
Wed	9	ROASTED PARMESAN CHICKEN , Spiral Noodles, Mixed Vegetables, Carrot Raisin Salad, Banana Turkey Salad, Banana
Thu	10	STIR FRY PORK , White Rice, Scandinavian Blend, Claremont Salad, Orange Chicken Salad with White Beans, Orange

Fri	11	OMELET PLAIN W/SALSA , Potatoes, Imperial Blend Vegetables, Garden Salad w/ French, Apple <i>Dijon Crush Fish, White Rice, Imperial Blend Vegetables, Garden Salad w/ French, Apple</i>
Mon	14	IRISH STEW , Mashed Potatoes, Capri Mix Vegetables, Salad Garden w/ Italian Dressing, Orange <i>Lemongrass Chicken, White Rice, Capri Mix Vegetables, Garden Salad w/Italian Dressing, Orange</i>
Tue	15	VEGETARIAN PENNE PASTA , Scandinavian Vegetables, Rainbow Spinach Salad w/Rainbow Dressing, Banana <i>Roast Beed Sandwich, Spring Vegetable Soup, Rainbow Spinach Salad w/ Rainbow Dressing, Banana</i>
Wed	16	SOMALI CHICKEN , White Rice, Normandy Blend Vegetables, Tossed Salad w/ French Dressing, Apple <i>Rice and Beans, Normandy Blend Vegetables, Tossed Salad w/French Dressing, Apple</i>
Thu	17	ROAST PORK TENDERLOIN W/GRAVY , Baked Red Potato, Peas & Carrots, Apple Cabbage Salad, Russian Cream w/Strawberry Topping <i>Summer Chicken Salad, Russian Cream w/Strawberry Topping</i>
Fri	18	ALASKAN POLLUCK W/CUCUMBER SAUCE , Brown Rice, Oregon Bean Medley, Tossed Salad w/ Blue Cheese, Apple Bread Pudding <i>Turkey Sandwich, Potato Salad, Oregon Bean Medley, Apple Bread Pudding</i>
Mon	21	SWEET & SOUR CHICKEN , Brown Rice, Capri Blend Vegetables, Vermicelli Noodle Salad, Apple <i>Creamy Garlic Pizza, Capri Blend Vegetables, Vermicelli Noodle Salad, Apple</i>
Tue	22	SLOPPY JOE , Hamburger Bun, Sliced Carrots, Spinach Salad w/French Dressing, Lemon Gelatin w/Blueberries <i>Chicken Fajita, Tortilla Soup, Spinach Salad w/French Dressing, Lemon Gelatin w/Blueberries</i>
Wed	23	CHESSE RAVIOLI , Italian Blend Vegetable, Navy Bean Salad, Carrot Cake <i>Pork Sliders, Potato Wedges, Italian Blend Vegetable, Navy Bean Salad, Carrot Cake</i>
Thu	24	TURKEY TETRAZZINI , Spaghetti Noodles, Oregon Bean Medley, Tossed Salad w/Italian Dressing, Chocolate Mousse <i>Grilled Vegetable Sandwich, French Lentil Soup, Oregon Bean Medley, Tossed Salad w/Italian Dressing, Chocolate Mousse</i>
Fri	25	LEMONGRASS FISH , Rice, Cabbage Mint Salad, Normandy Blend, Banana <i>Chicken Cesar Wrap, Normandy Blend, Banana</i>
Mon	28	CHICKEN TERIYAKI , Brown Rice, Edamame Medley, Creamy Coleslaw, Apple <i>Chef Salad, Edamame Medley, Apple</i>

Tue	29	SPAGHETTI W/MEAT SAUCE , Mediterranean Blend Vegetables, Rainbow Spinach Salad, seasonal fruit. <i>Swiss Mushroom Burger, Split Pea Soup, Rainbow Spinach Salad, Seasonal Fruit</i>
Wed	30	BAKED FISH W/BLACK BEAN SALSA , Couscous, Sunshine Carrots, Garden Salad w/1000 Island Dressing, Banana <i>Chicken Smitane, Noodles, Sunshine Carrots, Garden Salad w/1000 Island Dressing, Banana</i>
Thu	31	CHICKEN CHILE VERDE , Whole Wheat Tortilla, Radish Tomato Salad, Creole Southwest Veg Medley, Bread Pudding <i>Tuna Sandwich, Butternut Squash Soup, Radish Tomato Salad, Creole Southwest Veg Medley, Bread Pudding</i>