



Monthly Menu December 2017

Fri	1	SLOPPY JOE , Hamburger Bun, Sliced Carrots, Spinach Salad w/French Dressing, Lemon Gelatin w/Blueberries Chicken Fajita, Tortilla Soup
Mon	4	CHICKEN TERIYAKI , Brown Rice, Edamame Medley, Creamy Coleslaw, Apple Chef Salad, Edamame Medley, Apple
Tue	5	SPAGHETTI W/MEAT SAUCE , Mediterranean Blend Vegetables, Rainbow Spinach Salad, Seasonal Fruit Swiss Mushroom Burger, Split Pea Soup, Rainbow Spinach Salad, Seasonal Fruit
Wed	6	BAKED FISH w/Black Bean Salsa, Couscous, Sunshine Carrots, Garden Salad w/1000 Island Dressing, Banana Chicken Smitane, Noodles, Sunshine Carrots, Garden Salad w/1000 Island Dressing, Banana
Thu	7	CHICKEN CHILE VERDE , Brown Rice, Creole Southwest Vegetable Medley, Marinated Green Beans, Bread Pudding Shepherd's Pie, Mashed Potatoes, Creole Southwest Vegetable Medley, Bread Pudding
Fri	8	HONEY PINEAPPLE PORK , Noodles, Garden Blend Vegetables, Tossed Salad w/Ranch Dressing, Orange Chinese Chicken Salad, Orange
Mon	11	ASIAN BBQ CHICKEN , Potatoes, Oregon Bean Medley, Spinach Salad w/Italian Dressing, Fruit Cocktail Fish Tacos, Oregon Bean Medley, Spinach Salad w/Italian Dressing, Fruit Cocktail
Tue	12	BEAN & CHEESE BURRITO w/Salsa, Key West Vegetables, Santa Fe Salad, Seasonal Fruit Chicken Caesar Salad, Seasonal Fruit
Wed	13	TAIWANESE BEEF STEW , Brown Rice, Szechuan Green Beans, Chinese Trio Salad, Kiwi Hawaiian Pizza, Szechuan Green Beans, Chinese Trio Salad, Kiwi

Thu	14	SPINACH LASAGNA , Garden Blend Vegetables, Boston Bean Salad, Orange <i>Dijon Crush Fish, Garden Vegetables, Boston Bean Salad, Orange</i>
Fri	15	PORK STROGANOFF , Rotini Noodles, Capri Vegetables, Garden Salad w/1000 Island Oatmeal Cookie <i>Spring Pasta with Chicken, Capri Vegetables, Garden Salad w/1000 Island, Oatmeal Cookie</i>
Mon	18	SWAI FISH W/LEMON DILL SAUCE , Red Potatoes, Mixed Vegetables, Spinach Salad w/Ranch Dressing, Orange <i>Broccoli-Tomato Quiche, Mixed Vegetables, Spinach Salad w/Ranch Dressing, Orange</i>
Tue	19	OMELET PLAIN W/ SALSA , Tri-Cut Potatoes, Imperial Blend Vegetables, Garden Salad w/French Dressing, Apple <i>Dijon Crush Fish, White Rice, Imperial Blend Vegetables, Garden Salad w/French Dressing, Apple</i>
Wed	20	MEAT LASAGNA , Garden Blend Vegetables, Tossed Salad w/1000 Dressing, Seasonal Fruit <i>Tuna Salad Nicoise, Seasonal Fruit</i>
Thu	21	CHICKEN STROGANOFF , Noodles, Capri Mix Vegetables, Four Bean Salad, Banana <i>Veggie Burger, Black Bean Soup, Four Bean Salad, Banana</i>
Fri	22	ROASTED TURKEY W/GRAVY , Mashed Potatoes, Bread Stuffing, Sunshine Carrots, Layered Salad, Cookies <i>No Second Entrée</i>
Mon	25	CENTERS CLOSED FOR CHRISTMAS DAY
Tue	26	CHEESE RAVIOLI , Italian Blend Vegetables, Navy Bean Salad, Orange <i>Pork Sliders, Potato Wedges, Italian Blend Vegetables, Navy Bean Salad, Orange</i>
Wed	27	SWEET & SOUR CHICKEN , Brown Rice, Capri Blend Vegetables, Vermicelli Noodle Salad, Apple <i>Creamy Garlic Pizza, Capri Blend Vegetables, Vermicelli Noodle Salad, Apple</i>
Thu	28	TURKEY TETRAZZINI , Spaghetti Noodles, Oregon Bean Medley, Tossed Salad w/Italian Dressing, Pear <i>Grilled Vegetable Sandwich, French Lentil, Oregon Bean Medley, Tossed Salad w/Italian Dressing, Pear</i>
Fri	29	LEMONGRASS FISH , Rice, Cabbage Parsley Salad, Sausalito Blend Vegetables, Banana <i>Cabbage and Mince Chicken, Cabbage Parsley Salad, Sausalito Blend Vegetables, Banana</i>