



Monthly Menu February 2018

Thu	1	SPINACH LASAGNA , Garden Blend Vegetables, Boston Bean Salad, Orange <i>Dijon Crush Fish, Garden Vegetables, Boston Bean Salad, Orange</i>
Fri	2	PORK STROGANOFF , Rotini Noodles, Capri Vegetables, Garden Salad w/1000 Island Dressing, Oatmeal Cookie <i>Spring Pasta with Chicken, Capri Vegetables, Garden Salad w/1000 Island Dressing, Oatmeal Cookie</i>
Mon	5	STEELHEAD FISH W/ LEMON DILL SAUCE , Red Potatoes, Mixed Vegetables, Spinach Salad w/Ranch Dressing, Chocolate Chip Cookie <i>Broccoli-Tomato Quiche, Mixed Vegetables, Spinach Salad w/Ranch Dressing, Chocolate Chip Cookie</i>
Tue	6	OMELET PLAIN W/SALSA , Tri-Cut Potatoes, Imperial Blend Vegetables, Garden Salad w/Bleu Cheese Dressing, Apple <i>Dijon Crush Fish, White Rice, Imperial Blend Vegetables, Garden Salad w/Bleu Cheese Dressing, Apple</i>
Wed	7	MEAT LASAGNA , Garden Blend Vegetables, Tossed Salad w/French Dressing, Orange & Peach Gelatin <i>Tuna Salad Nicoise, Oranges & Peach Gelatin</i>
Thu	8	TURKEY ROAST W/HERBS & APRICOT SAUCE , Polenta, Key West Blend Vegetables, Claremont Salad, Banana Bread <i>Chicken Grape Salad, Banana Bread</i>
Fri	9	CHICKEN STROGANOFF , Noodles, Capri Mix Vegetables, Four Bean Salad, Orange <i>Veggie Burger, Black Bean Soup, Four Bean Salad, Orange</i>
Mon	12	SLOPPY JOE , Hamburger Bun, Sliced Carrots, Spinach Salad w/French Dressing, Lemon Gelatin w/Blueberries <i>Chicken Fajita, Tortilla Soup, Spinach Salad w/French Dressing, Lemon Gelatin w/Blueberries</i>

Tue	13	SWEET & SOUR CHICKEN , Brown Rice, Capri Blend Vegetables, Vermicelli Noodle Salad, Apple <i>Creamy Garlic Pizza, Capri Blend Vegetables, Vermicelli Noodle Salad, Apple</i>
Wed	14	LEMONGRASS FISH , Rice, Cabbage Parsley Salad, Sausalito Blend Vegetables, Chocolate Valentine Cake <i>Cabbage & Minced Chicken, Cabbage Parsley Salad, Sausalito Blend Vegetables, Chocolate Valentine Cake</i>
Thu	15	TURKEY TETRAZZINI , Spaghetti Noodles, Oregon Bean Medley, Tossed Salad w/ Italian Dressing, Pear <i>Grilled Vegetable Sandwich, Lentil Soup, Oregon Bean Medley, Tossed Salad w/Italian Dressing, Pear</i>
Fri	16	CHEESE RAVIOLI , Italian Blend Vegetables, Navy Bean Salad, Bread Pudding <i>Pork Sliders, Potato Wedges, Italian Blend Vegetables, Navy Bean Salad, Bread Pudding</i>
Mon	19	CENTERS CLOSED FOR PRESIDENTS DAY HOLIDAY
Tue	20	BEEF & MACARONI CASSEROLE , Country Trio Vegetables, Spinach Salad w/Italian Dressing, Orange <i>Open-Face Turkey Sandwich, Lentil Soup, Spinach Salad w/Italian Dressing, Orange</i>
Wed	21	CITRUS TARRAGON CHICKEN , Mashed Potatoes, Normandy Blend Vegetables, Patio Salad, Cookie <i>Tuna Stuffed Tomato Salad, Cookie</i>
Thu	22	SWEDISH MEATBALLS , Spiral Noodles, Venetian Blend Vegetables, Italian Coleslaw, Banana <i>Spring Pasta w/Tofu, Brown Rice, Venetian Blend Vegetables, Italian Coleslaw, Banana</i>
Fri	23	PORK TENDERLOIN W/DIJON SAUCE , Tri-Cut Red Potatoes, Carrot Bean Blend Vegetables, Tossed Salad w/Tomato Vinaigrette, Strawberry Luscious <i>Winter Chicken Salad, Strawberry Luscious</i>
Mon	26	SWAI FISH W/LEMON PEPPER , Brown Rice, Green Beans, Apple Slaw, Seasonal Fruit <i>Chicken Stir Fry Yakisoba Noodles, Green Beans, Apple Slaw, Seasonal Fruit</i>
Tue	27	MEAT LOAF , Mashed Potatoes, Sunshine Carrots, Spinach Salad w/Ranch Dressing, Vanilla Pudding <i>Turkey Sandwich, Potato Salad, Sunshine Carrots, Spinach Salad w/Ranch Dressing, Vanilla Pudding</i>

Wed 28 **ROASTED PARMESAN CHICKEN**, Spiral Noodles, Mixed Vegetables, Carrot Raisin Salad, Carrot Cake
Turkey Salad, Carrot Cake